

# Rheumatologic Semeiotics 2.0

With the Patronage





Imaging implementation in Clinical Practice

Under the aegis of



MILAN 22-23 February 2024

IRCCS Ospedale Galeazzi - Sant'Ambrogio
Via Cristina Belgioioso 173

Chairs of the course:

Georgios Filippou, Piercarlo Sarzi Puttini





Ultrasound (US) has demonstrated to play an important role in the diagnosis and follow up of patients with musculoskeletal diseases but its applications in the rheumatological field are rapidly expanding also beyond the strict use for the assessment of joint and periarticular disorders, moving to the assessment of extra-articular involvement (for example salivary gland damage) and vascular inflammation.

This imaging tool can be used directly by rheumatologists during patient evaluations, as a real-time "bedside" approach, thereby enhancing diagnostic accuracy and reducing the time between diagnosis and the initiation of appropriate treatment, that is crucial for most of the rheumatological diseases.

However, the implementation of US in daily clinical practice is still limited mainly due to the lack of trained personnel.

Moreover, due to physical and technical limitations US cannot provide adequate information on every clinical question. Integrated imaging (MRI, CT and conventional radiography) should be chosen in those cases in order to add to the clinical puzzle the missing pieces.

This course is designed to deliver a cutting-edge update on the applications of US and integrated imaging in Rheumatology, targeting both rheumatologists with ultrasound expertise and those without, providing pragmatic guidance on how to optimize the use of ultrasound and imaging for the clinical evaluation of rheumatologic patients. It encompasses a comprehensive examination of both inflammatory and non-inflammatory rheumatologic conditions and includes practical imaging sessions, that should increase confidence for the use of US (and integrated imaging) in daily clinical practice and for research purposes.

### FACULTY

#### Chairs of the Course:

Georgios Filippou, Milano Piercarlo Sarzi Puttini, Milano

#### **Scientific Secretariat:**

Silvia Sirotti, Milano Francesco Porta, Pistoia Florentin Vreju, Craiova

Antonella Adinolfi, Milano
Domenico Albano, Milano
Xenofon Baraliakos, Bochum
Fabio Becce, Losanna
Roberto Caporali, Milano
Christian Dejaco, Bolzano
Maria Antonietta D'Agostino, Roma
Emilio Filippucci, Jesi
Peter Mandl, Vienna

Ingrid Moller, Barcellona Esperanza Naredo, Madrid Goran Radunovic, Belgrado Wolfgang Schmidt, Berlino Carlo Alberto Scirè, Milano Luca Maria Sconfienza, Milano Lene Terslev, Copenhagen Alen Zabotti, Udine

## □AY 1 22 February 2024

08.45	Welcome coffee and course presentation R. Crugnola G. Filippou, P. Sarzi Puttini  OPENING LECTURE	IN RH	A-ARTICULAR INVOLVEMENT IEUMATIC DISEASES AND IMAGING	
09.00	How and why Imaging can change your (rheumatological)	Chairs: L. Terslev, L.M. Sconfienza		
	life: my experience with an evidence based approach X. Baraliakos	14.40	Sjogren's syndrome - L. Terslev	
MICE	ROCRYSTALLINE ARTHRITIS	15.00	Large Vessel Vasculitis - W. Schmidt	
AND OSTEOARTHRITIS		15.20	Polymyalgia Rheumatica - C. Dejaco	
Chairs	s: F. Becce, G. Filippou	15.40	Pain in Rheumatic diseases:	
09.30	Gout and CPPD: classification criteria and criticisms - S. Sirotti		where imaging fails - P. Sarzi Puttini	
09.50	CPPD: challenges from diagnosis to follow up	16.00	DISCUSSION	
	and added value of US - G. Filippou	16.15	TRAINING SESSION (PLENARY)	
10.10	DISCUSSION		challenging cases of LVV and optimising imaging for diagnosis and follow up - W. Schmidt	
10.20	COFFEE BREAK			
10.40	Gout: challenges from diagnosis to follow up and added value of US - E. Filippucci	16.45	COFFEE BREAK	
11.00	Gout and CPPD: traditional imaging and advanced imaging - What's new - F. Becce		ID TABLE AND HAPPY HOUR : F. Vreju, E. Naredo	
11.20	DISCUSSION	17.00	Implementation of US for diagnosis	
11.30	TRAINING SESSION US (HANDS-ON) Diagnosis and monitoring of patients with microcrystalline arthritis - G. Filippou, E. Filippucci, S. Sirotti		in daily clinical practice. The RADIAL study - A. Adinolfi	
		17.20	Patients perception of the utility of US in Rheumatology - E. Naredo	
13.00	LUNCH	17.40	Organisation models for the implementation	
13.50	Diagnosis and treatment of Osteoarthritis: from guidelines to real life - F. Vreju	17.40	of US in outpatients and inpatients clinics - G. Radunovic	
14.10	US guided procedures for the treatment of axial pain	18.00	PLENARY DISCUSSION	
1105	in OA. Techniques and medications - F. Porta	18.15	Conclusions Day 1	
14.30	DISCUSSION			

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#### **CHRONIC INFLAMMATORY ARTHRITIS**

Chairs: R. Caporali, P. Sarzi Puttini

- 09.00 Diagnosis, treatment and monitoring of Rheumatoid Arthritis and Psoriatic Arthritis: guidelines update R. Caporali
- 09.20 Rheumatoid Arthritis: Added value of US in diagnosis and monitoring E. Naredo
- 09.40 Psoriatic Arthritis: Added value of US in diagnosis and monitoring M.A. D'Agostino
- 10.00 Monitoring of structural damage with imaging in RA and PsA P. Mandl
- 10.20 **DISCUSSION**
- 10.35 COFFEE BREAK
- 10.55 Spondyloarthritis: understanding enthesitis and dactylitis I. Moller
- 11.15 **DISCUSSION**
- 11.20 TRAINING SESSION US (HANDS-ON)
  US for diagnosis and monitoring of RA and PsA
  A. Adinolfi, G. Filippou, S. Sirotti

#### Chairs: G. Filippou, F. Porta

- 14.00 Difficult to treat RA: PROs, clinimetrics and imaging C. Scirè
- 14.20 Early Spondyloarthritis and very Early PsA: implications in clinical practice A. Zabotti
- 14.40 Imaging in the diagnosis and follow up of axial involvement L.M. Sconfienza
- 15.00 **DISCUSSION**
- 15.15 TRAINING SESSION (PLENARY)
  Axial imaging in SpA (including differential diagnosis and monitoring)
  D. Albano, L.M. Sconfienza
- 16.30 Conclusions and closing remarks

13.00 LUNCH

#### ECM - Educazione Continua in Medicina

ID E.C.M. n° 275-398367 Ed. 1 Crediti Formativi E.C.M.: n. 13

Professione: MEDICO CHIRURGO

**Discipline:** Reumatologia, Allergologia e Immunologia Clinica, Medicina Fisica e Riabilitazione, Medicina Interna, Ortopedia e Traumatologia,

Radiologia, Radiodiagnostica

Numero massimo dei partecipanti: 30

Durata formativa: 13 ore

Obiettivo formativo: 3 - Documentazione clinica.

Percorsi clinico-assistenziali diagnostici e riabilitativi, profili di assistenza - profili di cura.

100.00



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#### Registrations

All costs +VAT 22%

#### **REGISTRATION FEES**

- Specialist Physician € 250,00
- Fellows in rheumatology
- General practicioners

with Hotel accomodation € 1.000,00

#### The fees include:

- Registration for the conference
- Conference kit
- Coffee breaks and lunch
- Registration for the conference
- Conference kit
- Coffee breaks and lunch
- n. 2 nights type: Dus Hotel 4\* (In: 21/02 Out: 23/02)
- n. 1 social dinner
- \* Travel and transfer not included (to be quoted)

Frame the QRcode to proceed with the request register or connect to the following link:

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